Sixty-four Nests

by

Elizabeth Colbert

Preface

Sixty-four Nests owes much to the work of others: the collection of poems by Pamela Laskin, The Bonsai Curator, provided inspiration in numerous ways — the concept of the found poem, her succinct writing style, the larger metaphor of the maintenance of a bonsai as a vehicle to explore her subject; Sue Taylor's research into the characteristics, habits and habitats of a selection of extinct and vulnerable birds as illustrated by John Gould in John Gould's Extinct and Endangered Birds of Australia was an ongoing reminder of the vulnerability of migratory wading birds and the demise of many species. My heartfelt thanks also go to David Gatiss for his ongoing support and suggestions, Dominique Hecq who has kindly perused this collection and provided feedback and Jim Colbert for his ongoing support.

My thanks to you to all.

The Bird Preserver

As a child I blissed out with birds in flight.

Massed flocks soaring up, across the sky, gliding down the slip stream of their understanding.

Their absence shreds my being.

Lost in Feathers

I am lost in a labyrinth: rachis, barbs, barbules and barbicels, all interwoven into nests of my making.

Their variations are embedded in style, their softness slept on, their warmth swaddled in cotton.

As I re-imagine my world within the landscape of their sky my breath falls into the rhythmic beating of wings in flight.

Life Cycle — A Tragedy

It's the weather:
rain, floods,
a lake renewed —
Kati Thanda – Lake Eyre.

It's the geological history: gypsum, caprock, vertical displacement — a saltpan below sea level.

It's the abundance: Lake Eyre Hardyhead emerging from the mud a swarm of fish.

It's the migration: thousands of long-distance travellers; silver gulls, terns, cormorants flocking to feed and breed.

It's the pelicans: thriving, delighting, indulging in multiple couplings an inland lake swamped with life.

It's the heat: increasing the salinity, the salt crust reforming even the Hardyheads die.

It's the catastrophe of distance: eggs abandoned, chicks unfed — adults too weak to fly.

Matchbox

When my mother — searching for an elastic band to reseal a bag of lentils — pulls out a matchbox from an Hawaiian hotel I stayed at 27 years ago, I am stunned.

Its gold embossed emblem resembles the Eastern Curlew, my unspoken heart-bird whose loss of wetlands propels my creative flights.

Scarred by reason, this moment rattles my cage of certainty.

From Inside My Box

We live in boxes.
Small,
particle board
constructions of our past.

How hard it is to see beyond their opaque walls.

Through accidental holes, occasional glimpses of the outside reset our vision.

This time,
I see the Eastern Curlew
hovering above
its drained wetland.

I love thee, I love thee not

A friend —
an avian expert,
domestic hens his speciality —
forewarned us
before the twenty-four hour news cycle
screamed and streamed,
'avian influenza pandemic.'

'Visit your GP,' he said.
'Order your shots.'

Suddenly, the symbiotic relationship between us and them dissolved. They were the enemy.

Millions were slaughtered, our safety secured, but still we catch their flu.

Grilled Grapefruit

Each year thousands cluster in small numbers, sharing the flight path, instinctively following the same route to their chosen wetland.

I return to my father's death, the angle of his head, his slack jaw, his cold hands, the fading warmth of his back.

In between, there is the joyous memory of his culinary adventures: grilled grapefruit with caramelised sugar on top.

Good Eating

Behind your mask of good eating lives the face of exploitation.

Never mind the bundled detritus, or the share factor, it's all yours.

Plate-up your perfection. As for tomorrow, it's not your concern.

Curlews

On their flight paths there are no mirrors to reassure them of their existence.

Their guiding instincts are more finely tuned to the latitudes and longitudes of life.

They sense above and below the molluscs of survival.

Instead, I troll the supermarkets aisles refurbishing my identity kit.

Reflections on Re-potting

I am seeking new ways to make my mark.
Consider,
'... the avian forebrain's function is similar to the mammalian neo-cortex'.
Now I must reflect on more than those taken-for-granted tropes of form and colour.

And,
'... bird brains pack
twice as many neurons
into a given unit of mass...'
which probably explains their
'... capacity for moving
through a complex
three-dimensional world
at great speed ...'²
and my lack.

Recently,
my eye was re-potted —
cataract removed,
new lens inserted.
My world now sparkles
with definition and space.
I see
the coloured flash
of a lorikeet
and sense its world
in mine.

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 $^{^{\}rm 1}$ Meredith, Peter 2017, 'Feathered Geniuses' in Australian Geographic, Sept/Oct pp, 98-99, 19/09/2017

² Op, cit

On the Chart 1

Let's begin with measuring all the surface features.

Is it flat?
Is it curved?
Is it white?
Is it hard?

According to the standard, is it large or small, long or short?

We don't need to know about the beauty I see, the love I feel, the pleasure it gives and certainly not my sense of wonder.

No experiential please.

Simply, gather the data and locate it on the chart.

On the Chart II

Once, we asked is the beak long or short, round or flat, curved or straight?

All the surface features identified and catalogued in files labelled in Latin.

Now, we probe your habits and habitats, nitpick the engine driving you across continents.

We deconstruct the form and movement of your wings but fail to save the flight path of your life.

Planet Earth

Planet Earth, your spin is beyond my control.

Gravity anchors me to the cold crust above the molten cauldron of your centre.

Revering the stars beyond my reach, I hypothesize a rescue plan on Mars as I chew up our diminishing resources and dump the residue.

I argue with myself

— the imperative of industry

— the catastrophe of pollution,
but find no meeting ground
for survival.

E7 — From Alaska to New Zealand A Partially Found Poem

'E7 flew
past Hawaii,
past Fiji,
and then
on September 7,
past the north western tip
of New Zealand' —
inserted battery
fading
as it landed at
the Firth of Thames.

'At eight days and eight nights, and 7,150 miles ...' it remains '... the longest nonstop, migratory flight recorded.'3

Go, bar-tailed godwit, go.

³ Bhattacharjee Y 2018, 'Celebrating the Year of the Bird.' in National Geographic, March 2018, p 43

En Route

In winter months our grey nomads trundle North.

Caravans and trailers fitted out, they camp — solar panels facing the sun energising their mod-cons.

For them, unlike the Eastern Curlew trekking South to winter on our shores, there are no Saemangeum sea walls ringing the death knell of their feeding grounds.

Fuelled by the residue of ancient forests, their fat tyres and grinding gears trample and preserve their migratory routes.

Wetlands

The tide is out.
Small, deep holes
puncture
the surface of
the tidal flats.

Halophytic mangroves, situated between the high and low tides, send tendril roots to grip the shoreline.

Corky fingers —
pneumatophores —
jut above the wet silt
taking oxygen
to the canopy of leaves.

Beneath their shadows the wild life of snails, insects, crabs and worms flourishes.

Curlews strut the flats seeking crabs, long curved beaks dipping into soft mud.

A child dribbles a ball between the remnant stumps of a pier. And I seek coffee in the cafe nearby.

Within My Rectangle

In flocks, they wheel and turn.

Sensing the mob, they stream the shifting drifts of the coastal winds.

We, too, flock
but at the packed train door
I balk ...
anticipating the shove,
push and jostling
to find a place in
yet
another rectangular box.

On the Other Hand

I see them
all round
gobbling up
our natural resources:
cicadas in the summer,
worms following the rain,
crabs and molluscs
as the tide slips out,
plump acorns
as summer folds into autumn,
the fish in my small pond.
How dare they?

Black Holes

Black holes in the mud, a wader's claw prints criss-crossing the dark soil edging the tidal creek. My footprints, too, leaving a mark.

This dark expanse interrupted by a pier a playground and a car park with white parallel lines defining the space.

As co-inhabitants, this is what we do.

Can You Tell Me the Date?

Can you identify the era, tell me the date, or describe the moment when we decided to stop wearing garments filled with feathers or woven with wool and turn our fossil-fuelled heaters on?

An Encounter with a Dead Bird

My back-yard birds are darting in pairs, twig gathering for Spring.

We cloak them with immortality and freedom.

They are, our departed souls presaging the divine.

Their dead whisperings harbour our demise and new beginnings.

The blackbird's dark cloak tempts us to linger with evil and the flesh.

I puzzle over
the gift of a dead bird —
a back yard find —
now a headless tangle of
black feathers and bones
confined to a plastic bag
on my studio shelf.

A Wine Tasting

A wine tasting, full-bodied reds, hearty food, a winemaker's story celebrating hard work and a dedication to his truth.

The man on my right
when I speak of
migratory birds, mangroves
and tidal flats in the city,
says,
'I live there.
You should see them.
Only this big'—
his hand flicks to 20 cm—
'spindly legs,
long beaks'—
his fingers speaking this time—
'running so quickly across the mud.'

We had just met yet we were one.

No UFO.

I sit to write the coming Spring the curlew's return.

Through the window, a bright stationary light catches my eye.

I dismiss the fantasy of a UFO, a plane in flight, and step outside into a crystal cold that winters my bones.

It's the morning star — Venus leading the sun shimmering its immensity through my song-line of awe.

Traces of You

Your claw prints three pronged, triangular are scattered like straw across the crab holes.

This trace —
washed away by
the incoming tide —
reminds me that
fortuitous encounters are
all I can hope for.

I take photographs the sky, the sea, the tidal sandbar but fail to capture the hollowness of your absence.

Wallowing

Occasionally, I struggle with the larger picture.

I am ground bound, inextricably locked to a gravitational force requiring I use all my strength to stand.

Once, other species enabled me to lift more, to travel faster, to be protected.

Now, mechanical devices think for me, build for me, help me be ... like other species.

I fly with birds in the sky, linger in the darkness of the ocean, skim its glistening surface.

My survival depends on the unique qualities of other species but we neglect the habitats ensuring theirs.

On Sundays

On Sundays, siblings and I walked the damp paddocks, shuddered at the dead lambs, eyes picked out by those crows whose coarse cries and beating black wings broke the stillness of the grey sky and winter-green grass.

The Eastern Curlew
was migrating back
to Tooradin
from its breeding ground
in Kamchatka and Siberia
where the eyes were picked out
of human compassion
when those struck by
the Gulag boot of injustice
were denied
the breeding ground of life.

Abundance

A late Autumn morning a rising sun birds and engines vying for airspace above the freeway and parkland.

If I could unwind the reel of suburban amenity before the ponds were drained, the grass cut short and the asphalt laid, an abundance of birds would be heralding the dawn.

Blues Train

I'm on the Blues Train —
man, oh man.
His nuanced voice
sings my soul.
His rhythmical words,
snatch my heart.
His steely slides,
and honeyed wood slaps
lock me
to his lines.

And those swans on the water besides the track? They give me peace.

Let's Deal With Some Facts: A Partially Found Poem*

The Bar-tailed Godwit —
let's deal with
some facts:
John Gould wrote.
'I saw this species
in very great abundance
in company with Curlews,
Oyster Catchers
and Sandpipers.'

I have yet to see the Godwit but know this: it fattens up before flight, awaits a storm before departure, its migratory path spans 29,000 kilometres.

Their abundance has passed as we drain their wetlands for our journey.

Spring Rain

Small things tell us how it works:

steam rising from a rain-soaked fence;

glistening drops slipping from new leaves;

transmitters on pole lines washed clean;

stalking birds pulling worms through the grass.

Safari

A visit —
a safari into the past —
the Natural History Museum
of Vienna.

A surprise — being used to the interactive — glass display cases, long and high, creatures out of reach.

On display —
the extinct Dodo and Thylacine —
their plumes and hair
fastidiously arranged
into
a taxidermist's version of life

Birds: An Ontological Position

My backyard currawong flaps its big black body between the winter-green trees, calls and prods the past:

snow gums
with icicles
dripping from leaves;

wombat tracks criss-crossing the snow;

the currawong's call stalking my winter landscape of loneliness.

Wetlands at Night

Mewling mudflats awaiting your claw prints.

Hard Wiring

Apparently, we are genetically coded to reveal our predictable ancestral patterns.

And, there are those neural pathways which form embedded circuits.

This morning a turtle dove cooed its endless love song.

Even the peak-hour surge of engines, tyres, and revving trucks failed to obliterate its call.

Why do I hear the irritating buzz of traffic but listen for the softness of a pigeon's coo?

Toondah or not Toondah

Go, drain the wetlands, build your mansions, those psychic soothers of rampant capitalism.

Unwrap your plastic life and leave your littering values for the next generation to sweep up.

Unpick the seams of the natural world and restitch it with your shallowness.

It's okay. The planet will survive without us.

National Geographic, p. 46

Now, here's my dream —

that the holes
peppering
the tidal flats
are the small holes
of the darting crabs
nourishing
migrating curlews

not those of the pylon maker preparing for a concrete pour.

'Tender Loving Care Required'

The sign
next to the fern reads,
Tender loving care required —
a reminder that
even this mundane purchase
requires decision making.

My neighbour chose to fell the eucalypt in his newly-acquired front yard and spotlight the liquid amber.

The council workers, unable to identify the dying lilly pilly, chainsawed the living leaving two stumps instead of one.

I weed out those words in the forest of syllables seeking and reflecting — oh so painstakingly. Sadly, that plant can't be mine.

Between the Twitterings

In the quiet spaces between twitterings I still the hullaballoo of death.

Sandblasting

Although Spring, the winter shards of child abuse scroll endlessly across my screen.

There goes another mogul, celebrity, proselytizer of religion, intimate family member, prowler of power.

The faint echo of my aunt's man jogs a childhood memory of her reading AA Milne with her covering tone: it was all about cherry stones.

'Tinker, tailor,'
... if it were only
a saucepan
and suit
that needed
mending.

Noisy Minors

Let's not neglect those fluffy chicks courting my backyard with their cries of hunger.

Why Am I Worried?

- 1. Families are complex microcosms.
- 2. Establishing outward bound pathways is difficult.
- 3. The tightrope between individual and family worlds is hard to walk.
- 4. Technical innovations do not support intergenerational crossings.

Four generations the centre of our world? The mobile phone.

A brief touch allows us to transgress the loneliness of time and space.

We fly
like curlews
across borders
to rest
in migratory spaces
but are blind
to the hardening crust
around the centre
that once joined us.

On the Psychologist's Couch

Sitting
on the psychologist's couch,
seeking the hidden narrative
that orders
my haphazard thoughts,
I question
the god of normalcy
who places two baubled
party-girls-for-hire
on the cover of
a real estate magazine.

Stepping out
in my cloak of understanding,
I cross
the barrier of
commercial razzmatazz
seeking to savour
the sweetness of
understanding
but taste instead
the bitter auger
of dying coral reefs
and desiccated wetlands.

Oscillation

Eyes lead to my exterior, but when sleep scrambles my senses all is set in disarray.

Flick!
There,
do you see
my survival tools?
Water, kettle,
knives, stove,
salt, tea, coffee,
toaster, fridge —
the rhythm
of horizontal handles,
on cupboards
hiding the rest.

Flick,
I'm on your
journey
scanning the horizon,
searching for a resting place.
I wake knowing
your survival
is threatened by mine.

Expulsion

We expel you without thinking.
Just look at the stats in Queensland.

Chainsaws massacre your habitat, bulldozers rip roots from the soil. men trample your breeding grounds in preparation for their personal seeding.

A Scattering of Feathers

Within my forest of mournings rests an injured child, an immanent death, more recent losses.

And here, on the ground of the mown parkland rests a cluster of protruding bones tangled with the indigo feathers of your life.

Not This Year

There are no nests in my garden this year.

My dog has guarded his territory too well.

No fledglings making their first flight between the shrubs.

No parents overseeing their struggling beginner.

But, around the corner a wattle bird shrieks its defence from the camellia.

Losses and Gains

Angst
holds me
to the task
of penning
negative thoughts:
what if
there were
no bird calls
in the morning?

Yet,
sound attraction
and nesting boxes
are drawing
the white-faced storm petrel
to the restored
Rhagodia habitat
on Montague Island.

Whoops and Whelps

Rooted in sandy soil, a coastal pine stands host to a predawn chorus of chattering: those coos, squawks, whoops, whelps and warbles — all anticipating the arrival of the sun.

That Dream: A Partially Found Poem

'Like a dream
not sure of where it's going ...
it throbs
beneath the surface ...
bubbling
out of a swamp.'4

That curlew, that tide, that mudflat, that mangrove, that mollusc, that crustacean.

The flight that brings you here.

⁴ Laskin, P 2013 'In the Womb: Hearing a Baby's Heart Beat for the First Time" in The

Bonsai Curator, Červená Barva Press, Somerville, USA

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Thou Art With Me Blackbird

Thou art with me: your whiteness, your blackness, your strut, your seeking, your attack, your swoop, the quirky angle of your head.

I carry you with me in elongated memories, strung in the abundant circle of my dream-catching life.

Reprieve from Gravity

It began with a dream — a soaring flight above a deep sudsy bath, a brown linoleum floor.

Then I was running — down a dirt path leaping swiftly into flight.

En route
to Singapore
I saw
the rise and fall
of land,
glittering rivers, muddy dams,
the flecks of
warm-blooded beasts.

Land bound, now, I soar and search our coastal shorelines for remnant wetlands.

Let's Be Local

Let's be local and personal for a moment.

Four magpies have taken up residence in my yard

Diagonally behind, all trees and bushes have been bulldozed prior to the demolition of the house.

The new neighbours felled the significant tree in theirs.

I watered well in this week of unseasonal heat. The worms rose. They came.

Did you know magpies integrate the song lines of others into their calls?

Such a timely preparation for the performance of Mahler's Ninth.

The Concrete Pour

Now,
here's my dream:
that the holes peppering
the Yellow Sea tidal flats
be the fine holes
of crabs
nourishing
the eastern curlews
en route to Tooradin,
not
the gridded holes
a drill spiralling down
for the concrete pour.

Swarming Dots

I replay
childhood moments
again
and again.
It's a compulsion
fuelled by loss:
the swarming dots
of migrating birds;
the flit of blue wrens
between the scattered bushes
along the side of the house.

Data Mining

Tracking devices follow your flight paths and mine.

Each journey, each call slips into a data bank.

You have changed your habits: you rest longer at your relay stops; there is less food on a diminishing shore line.

John Gould, too, gave us data: he recorded your abundance.

We record your demise.

Data Mining 2: The Paradise Parrot — A Found Poem

'The Paradise Parrot excavated a cavity into a low round, termite mound ...

It constructed
a long narrow tunnel;
up to
90 centimetres long,
leading to
a wide nesting chamber,
about 20 centimetres high
and about
twice as wide.

The man reason for the demise of the Paradise Parrot appears to have been habitat change... over grazing, altered fire and water regimes, invasion by Prickly Pear, removal of termite mounds for tennis courts, ovens, floors and roads, increased predators, exploitation for the E bird trade.'5

⁵ Taylor S, 2012, *John Gould's Extinct and Endangered Birds of Australia*, National Library of Australia, Canberra, p,15.

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Easter Sunday

Here I am juggling ambivalences: altruism — self concern, generosity — selfishness, psychic interpretations — biochemical explanations.

Yet,
on this
Easter Sunday morning
I am replete
as the magpies chorale
the moving air
and my dog chases
the Indian Minor
away from
the pickings of
last night's barbeque.

Sea Birds

Although silent
during flight,
sea birds,
variously,
creak, croak, cackle,
squeak, quack, squawk,
wheeze, wail and whine,
moan, grunt and growl,
boom, bray,
click, clack,
chirp, cluck,
bill clap
and call
kek-kek-kek
whilst nesting.

Vale Timmy the Cat

To take a life —
not let nature
run its course —
to feel the weight of
my hand and mind
in the burden of death
is unspeakable.

It's easier
at a distance
as I succumb to
the glossy desire for
and ever brighter
and more beautiful —
residence by the sea —
and hear
the thumping rhythm
of the pylon makers
replacing wetlands
as nothing more than
the mere white noise
of progress.

A Night of Deep Listening

Last night
it was a trio:
piano, percussion, didgeridoo
with a cameo performance
from the totemic
Red Crested Black Cockatoo.

Stillness,
musical moments,
the didgeridoo
peppering the void
with the cockatoo's call,
the percussion echoing
life's unexpected turns,
the piano
soothing away
its implications,
the cockatoo
giving voice
to its creation
and
demise.

So Large, So small

That Indian Minor pecking at the dog's food, runs at my approach, flutters against the glass it doesn't understand.

I shooing, chase, afraid to grasp its anxious wings, to hold so warm and soft a body in my hands, my hidden fears buried in its fluttering.

Dark Crab Holes in the Mud

Beyond the board walk, the dark holes of small crabs pock mark the tidal mud.

Their darting, erratic jumps break up the reflected light on the watery surface.

The claws marks of departed Curlews are long gone; washed away by the inevitable tide.

My Trajectory

Rain fell last night.
The air is damp
and still.
Small puddles remain
at the uneven intersections
of the tiles
in the courtyard.

A jack hammer throbs in a neighbour's yard. Distant calls suggest the magpies still linger but not in my yard.

Today, I wonder at my own trajectory an in-house scribe watching birds, listening but hearing the urban rattling of the machines outside.

To take flight
is my dream —
to escape
the mundane, weekly patterns
of suburban life
and follow the curlew's flight
to Siberia.

Weaving Nests

Here are the questions: Why birds? Why migratory flight paths? Why empty nests?

Those intersecting trajectories meeting within me stem from sources beyond memory or my capacity for explanation.

At the intersections my needle and thread dart and weave a mourning for the lost — an anxious hope for the remains.